



WELCOME TO THE ASHRAM

Would you like to maximize the resources of your employees or team members? Sometimes the best thing you can do is get them 'away from it all'.

The SPN Seminar Centre is nestled in the midst of the lush fields and forests of Germany's renowned Taunus region. Far enough away to be 'away', but only 30 minutes from bustling Wiesbaden, the Centre has a variety of meeting spaces ideal for groups of 5 to 150.

Our unique non-smoking, vegan-only facility offers the quiet of its natural beautiful surroundings in a culture of positivity and respect for all life.

Come and enjoy the serene and harmonious environment we're known for, in the quiet of the countryside. You'll leave re-energised by the fresh air, healthy food and positive atmosphere we've created here for over 15 years.

To arrange a site visit, or for more information on our meeting rooms and services, email us at:

shreepeethanilya.org

SPECIAL FEATURES OF OUR PROPERTY

The Back Lawn

Plenty of room to hold classes, group games, or have a picnic. It also includes an intimate rose garden with a fishpond. The Dining Hall deck overlooks this space and is a popular place for meals and to observe any activities on the lawn.



The Meditation Garden

Rich grass and a shade tree with a bench provides a special place to meditate.

The Rose Garden

A lush flower garden with a bubbling fountain and a fabulous view.

The Parikrama Path

An easy walking trail encircles the property, giving your group a convenient way to stretch and get some fresh air and exercise between or after your meetings.

The Ashram Temple

One of the most beautiful Hindu temples in all of Europe gives a quiet space for contemplation and meditation. Hindu prayers are held in the morning and evening, while during the day, the temple is open for anyone to come and enjoy the quiet reverence of the deities' presence. Open 7:00-20:15.









The Babaji Cave

Originally a bowling alley, this renovated space honours Mahavatar Babaji, a revered yogi of the Himalayas. It features a meditative bubbling stream and a dark cool interior where silent meditations can be done 6:00-22:00.

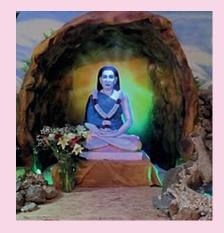
The Bhajan Café

A nice place to relax with a freshly made coffee or chai and enjoy sweets, savoury items, energy drinks and more. Featuring raw and vegan options, the menu changes often, but includes fresh fruits, homemade desserts and pastries, fresh sandwiches, and high-quality juices.

The Bhakti Shop:

Gifts from all over the world including:

- Books, music and photos
- Hindu clothing
- Jewellery and japa malas
- Hindu devotional items
- Original paintings and prints







YOUR EVENT ROOM CHOICES

The Meeting Room

A spacious room with high to-the-ceiling windows centred by a super- size circular table. A large monitor allows for presentations and screen sharing. Comfortable seating for 8 people at the table, with room for a total of 14. This room could also be rented as a lounge for your group to gather in between sessions.



The Conference Room

The Conference Room is located on the ground floor and has two doors that open to the lawn and trees. Ideal for smaller classes or for Board Meetings, it features a large video monitor plus a boardroom-style table and chairs.

The Seminar Room

Another one of our large rooms, the conference room has direct door access to the outside and large windows to let in the fresh air, perfect for convenient breaks and breakout sessions outdoors. (Different seating styles are possible.)







*Since a healthy environment is such an important value to us, the entire Event Centre is a non-smoking area. We use only non-toxic cleaning products and we recycle everything we can.

The Atelier

One of our most beloved rooms is the Atelier because of the amount of art that has been created here in silent meditation over the years. The room simply radiates a feeling of silence!

Due to the beautiful natural light in this large and open room, this art studio space is perfect for art courses, but other kinds of classes can take advantage of this space, too. Tables and chairs can be arranged in many different ways, and the attached deck can be used as well.

YOUR GUEST ROOM CHOICES

Simplicity is a key theme in our guest rooms, yet the richness and abundance of Nature can be easily seen from every room. The huge windows and outer door lead either to a ground floor terrace or to a balcony from which to enjoy the beauty of our natural setting.

Many of our rooms are designed for three or four guests to share a room, but there are double rooms available on request, and working with your group, we can designate more rooms as double or single rooms.

As you can see, our decor is clean and simple, without a lot of frills. The focus here is on the inside, not the outside, so we let the room breathe. Cotton fabrics and inspirational art on the walls bring a quiet comfort to your stay here.

The small double room is roomy enough for two to share. Newly painted with rich colours on the walls, they feature new shelves, lighting and furnishings and look out onto the Shiva Lawn and the front flower gardens and blossoming trees.









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YOUR FOOD CHOICES

All our food is prepared with loving reverence for God and the bounty of Mother Earth. Our food preparation is special: it's done with an attitude of loving service and mostly in silence, so you can be assured that all the best is going into your meals here.

Our health concerns extend to the foods we serve as well. Since we are a vegetarian/vegan facility, we ask you not to bring any meat- or egg containing foods into your room, and no meat products are allowed to be brought in by outside caterers.

We serve a fresh vegetarian/vegan menu with foods that are made without eggs, gelatine or any kind of meat, fowl or fish. If dairy from our own 'happy cows' is available, we make our own butter and yogurt from it, otherwise not. When available, we use ingredients from our own garden and locally-sourced items. Normally our meals are served 'cafeteria style' in our spacious Dining Hall. Special meals can be catered by our kitchen on request.

Let us show you how the SPN Seminar Centre can meet the needs of your group, whether it be large groups, small board meetings, getaway weekends or workshops.

We look forward to hearing from you!

Yours sincerely,



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